



# **Project Management for IT Professionals**

## **Participant's Workbook**

*Plan, execute, and deliver complex  
IT projects on time and on budget*

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# Seminar Goals and Objectives

## Introduction

Information technology is a volatile and dynamic work environment. Constant change permeates the industry as technical advances, business requirements, competitive forces, and regulatory issues abrade the status quo. In the information technologist's world, expert knowledge must be rapidly organized, effectively focused, and accurately applied in what are frequently culturally and geographically diverse environments.

At the same time, there is little room for errors of omission or commission. The smallest IT detail can derail not only the IT system itself but it can (and often does) initiate failures of those systems it supports, controls, or operates. From failed Mars probes to dropped cell phone calls to missed financial projections, information technology errors can have devastating effects.

## Seminar Goal

The goal of the seminar is to provide an overview of the special considerations and techniques for initiating, planning, and controlling a typical small- to medium-sized information technology project that requires the participation of several information technology workers, as well as the collaboration of others such as end-users, specifiers, and sponsoring executives.

## Summary of Seminar

This seminar describes the information technology project environment, lists common pitfalls and potential issues, and provides an introduction to the process, vocabulary, and techniques used by seasoned IT project managers.

## Learner Analysis

Ideal participants of this seminar include programmers, systems engineers, information technologists, IT managers, software integrators, and those who manage or direct the information technology departments of their organizations.

## Training Objectives (Terminal)

Upon mastery of the content in this seminar:

- The learner will be able to list the steps required to undertake a new information technology project.
- The learner will be able to list the major causes of project success/failure and describe specific actions and techniques that can be employed to improve the chances for project success.
- The learner will be able to describe the key elements of an effective project plan.
- Participants can list their project's key stakeholders and describe the importance of effective communication of roles and responsibilities for typical stakeholder groups.

## **Training Objectives (Enabling)**

- List and describe the major components of the software development lifecycle (SDLC).
- Describe the importance of project process control documentation and list two examples.
- List three major threats to an IT project's success.
- Describe the WBS (work breakdown structure) and its importance in the project plan.
- Estimate project activity durations for use in creating a project schedule.
- Create a critical path schedule using a Gantt chart.
- Create a critical path schedule using an activity-on-node network diagram.

## **Subject/Learning Points**

### **Success and Failure Factors for IT Projects**

Why IT Projects Fail

Rating Your It Project's Chances for Success

### **The IT Project Life Cycle**

Managing the IT Project's Lifecycle

Essential Project Control Documents

Establishing an Optimal Process

### **Initiating Successful IT Projects**

Creating Effective Project Goals

Creating the IT Project's Statement of Work

Getting Project Acceptance

Deployment Considerations

Defining the Project's Scope

Understanding Your Project's Triple Constraints

Why IT Projects Fail and How to Improve Your Odds

### **Planning the Project Step-by-Step**

Requirements Definition

Creating the Work Breakdown Structure

Identifying Project Milestones

Estimating Task and Activity Durations

Establishing Workflow

Scheduling with the Critical Path Method

Creating Network Diagrams and Gantt Charts

Planning Your Project's Resources

Estimating Project Costs

### **Execution and Control**

Staffing and Teamwork Considerations

Monitoring Progress

Controlling Scope

Problem Solving and Troubleshooting

### **Wrap Up**

IT Project Rules Success

## Success and Failure in IT Projects

*The real reasons projects fail, and using this information to ensure that all your projects succeed*

### **Discovering Why IT Projects Fail**

A watershed study was conducted in 1994 by the Standish Group to determine the scope of software failures, the major causes of failure, and the key factors that could reduce failures. The results confirmed what many IT professionals suspected: IT projects rarely finish on time and on budget. Moreover, those that finish rarely deliver all of the features and functions originally specified.

### **Key Findings**

- 16.2% of software projects come in on time and on budget
- 52.7% of all projects finish operational, but over budget, and with fewer features than originally specified
- 31.1% of all IT projects are canceled before completion
- 52% of the projects completed cost an average 189% of their original estimates
- Only 42% of proposed functions are actually delivered in large company projects
- In smaller organizations, 78% of the projects eventually deploy, but they lack 26% of the specified features

Source: The Chaos Report (1994)

## Success and Failure Factors

## ***Rating the IT Project's Chances for Success***

Choose one of your projects or a project portfolio to rate. Rank each success factor in the space below. For example, if you believe that upper management only supports the project's needs half as well as they should, enter 8 points for that item. Total the points and compare your results with others.

---

| <b>Success Factor</b>                       | <b>Maximum Value</b> | <b>Your Value</b> |
|---|----------------------|-------------------|
| Stakeholder's Authentic Participation       | 19                   | _____             |
| Upper Management's Support                  | 16                   | _____             |
| Appropriate Requirements and Specifications | 15                   | _____             |
| Appropriate Process Model and Planning      | 11                   | _____             |
| Clear and Detailed WBS with Milestones      | 9                    | _____             |
| Technically Competent Team                  | 8                    | _____             |
| Clear Roles and Responsibilities            | 6                    | _____             |
| Agreed Upon Goals and Statement of Work     | 3                    | _____             |
| Motivated Project Team                      | 3                    | _____             |

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Totals:    100 %

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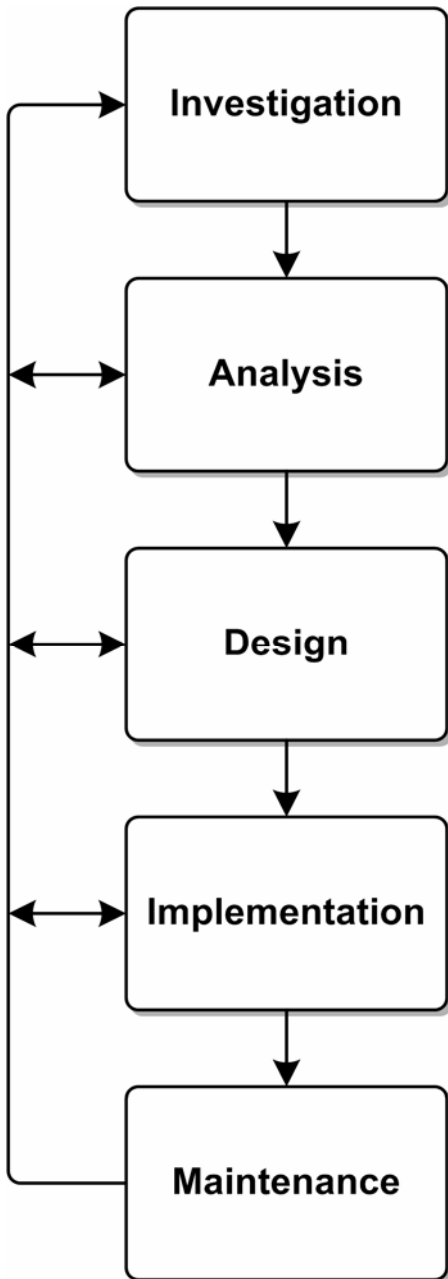
Adapted from The Chaos Report (1994)

**Skill builder:** To improve your ability to judge a project's chances of success, rate other projects. If possible, pick projects you were close to and rank one that failed as well as one that succeeded.

## ***The Project Lifecycle***

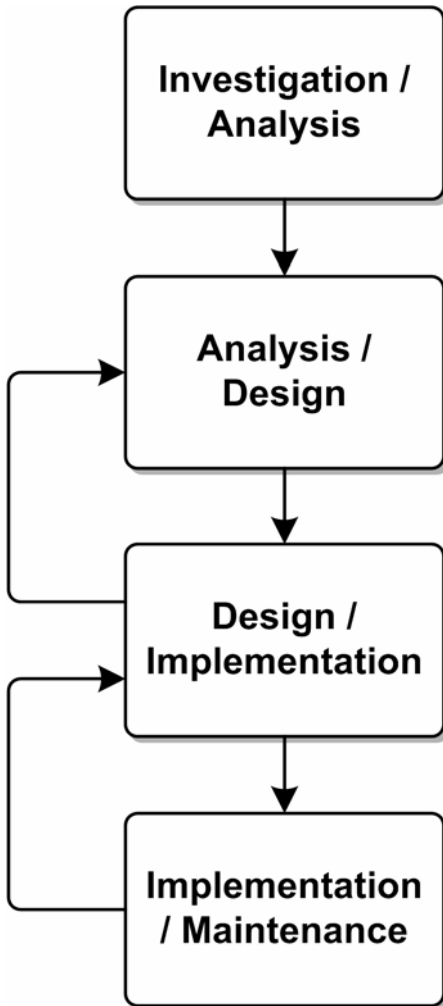
*Establish an optimal process for accomplishing your project's goals*

### ***The Software Development Life Cycle (traditional SDLC)***



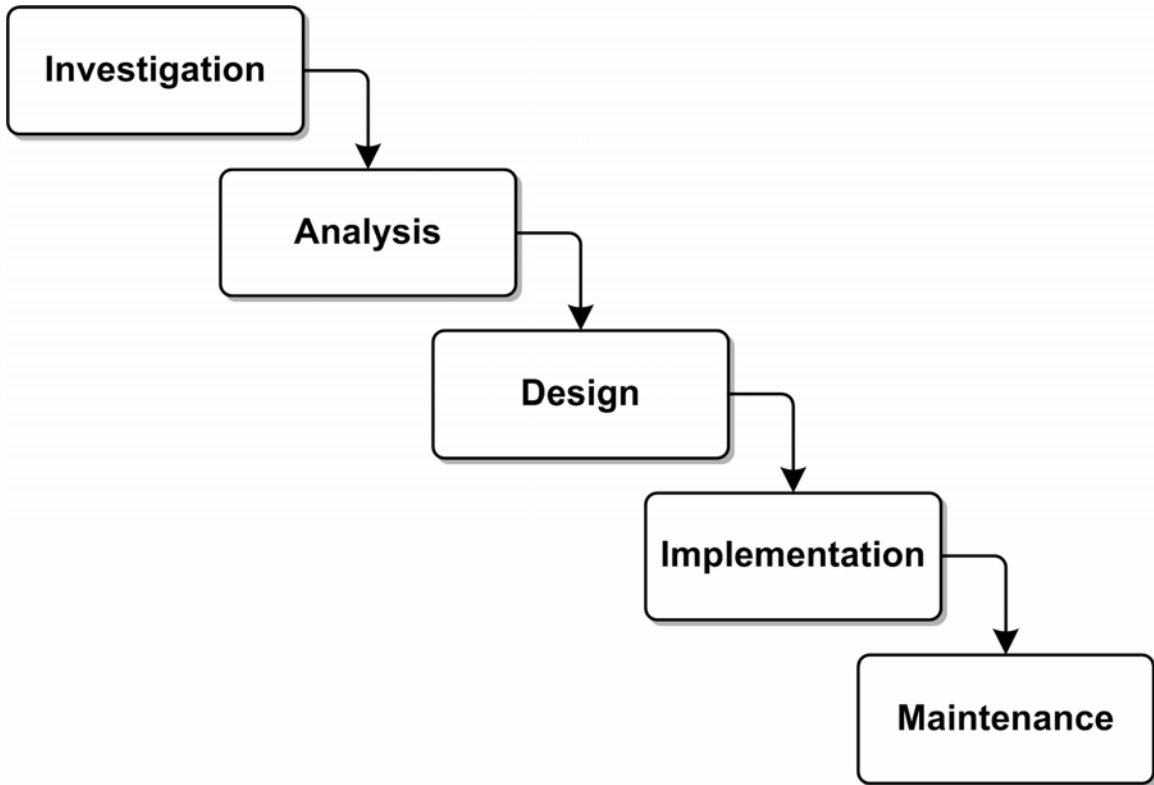
## ***The Rapid Application Design (“RAD” SDLC)***

*Prototyping for faster development when user requirements are difficult to define*



## ***The Waterfall Application Development Process***

*An approach for smaller systems, low complexity/risk, and experienced teams*



## ***Project Management Process Groups***

*Master the skills required in the most challenging project with these five essential processes*

Initiating

Planning

Executing

Controlling

Closing

## ***Process and Lifecycle Control***

*Become a better, more effective project manager by using these forms and checklists to improve communication, decision-making, and control*

- Project Concept Screening Checklist\*
- Project Charter\*
- Statement of Work\*
- Design documents including system requirements and specifications
- Scope Document
- Scope Change Request\*
- Bug/Defect Management Log
- Quality Assurance and Verification Log
- Project Journal

**\*Skill builder:** Samples of these documents can be downloaded as a WORD.doc at [http://www.thementorgroup.com/Free\\_Tools\\_and\\_Checklists.htm](http://www.thementorgroup.com/Free_Tools_and_Checklists.htm).

## **Initiating Successful IT Projects**

*Keep your team goal-focused from the beginning to the end for improved decision-making, quality, and results*

### **Creating Effective Project Goals**

**S**\_\_\_\_\_

**M**\_\_\_\_\_

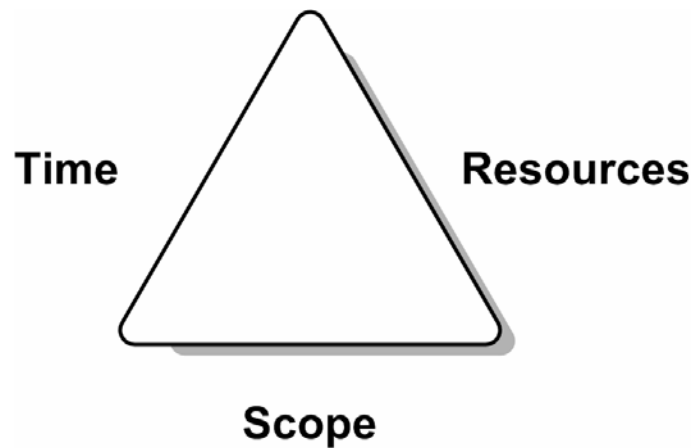
**A**\_\_\_\_\_

**R**\_\_\_\_\_

**T**\_\_\_\_\_

***The Triple Constraints—Balancing Time, Resources, and Scope for Success***

*Understanding your project's triple constraints, how they limit progress, how you can work around them*



**Driver**

**Middle**

**Weak**

## ***The Statement of Work***

*A simple step-by-step checklist for creating the IT project's statement of work and setting the stage for good requirements and specifications*

- Problem / Opportunity Statement
  
- Project Owner and Stakeholders
  
- Project Objectives
  
- Cost/Benefit Analysis
  
- Team Impact
  
- Project Scope
  
- Implementation Plan
  
- Change Control Process
  
- Project Sign-off
  
- Evaluation

**Skill builder:** Download this outline with sample text in a WORD.doc at [http://www.thementorgroup.com/Free\\_Tools\\_and\\_Checklists.htm](http://www.thementorgroup.com/Free_Tools_and_Checklists.htm).

# Writing Effective System Requirements and Specifications

*How to make sure the system your stakeholders want is the system you actually build*

## **System Design as a Process**



## **Creating Effective System Requirements**

1. Consider your project's requirement from the \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ viewpoints.
2. Use \_\_\_\_\_ or \_\_\_\_\_ to identify needs and communicate system requirements.
3. Use the \_\_\_\_\_ to guide the project's scope.
4. Well written requirements improve the team's ability to \_\_\_\_\_ the specifications, \_\_\_\_\_ scope, and gain project \_\_\_\_\_.

## ***Writing the System Specifications***

*Keeping your team focused on what matters the most*

### **Good Specifications**

- Describes the features and functionality of the completed system
- Provides a team-wide reference that communicates the designers' approach to specific outcomes or deliverables
- Details how the system works in plain language
- Describes the user interface and how it will satisfy the requirements
- Provides enough technical details to describe how the system fulfills the requirements
- Lists major work items by system, features, and/or functions
- Describes testing criteria that will ensure the system meets the design requirements in its operating environment
- Are written as simply as possible (without being overly so), allowing the essentials to be fully understood by everyone on the implementation team
- Improve discussions, questioning, and team contributions before implementation

### **What Specifications Can't Do**

## Planning the Project

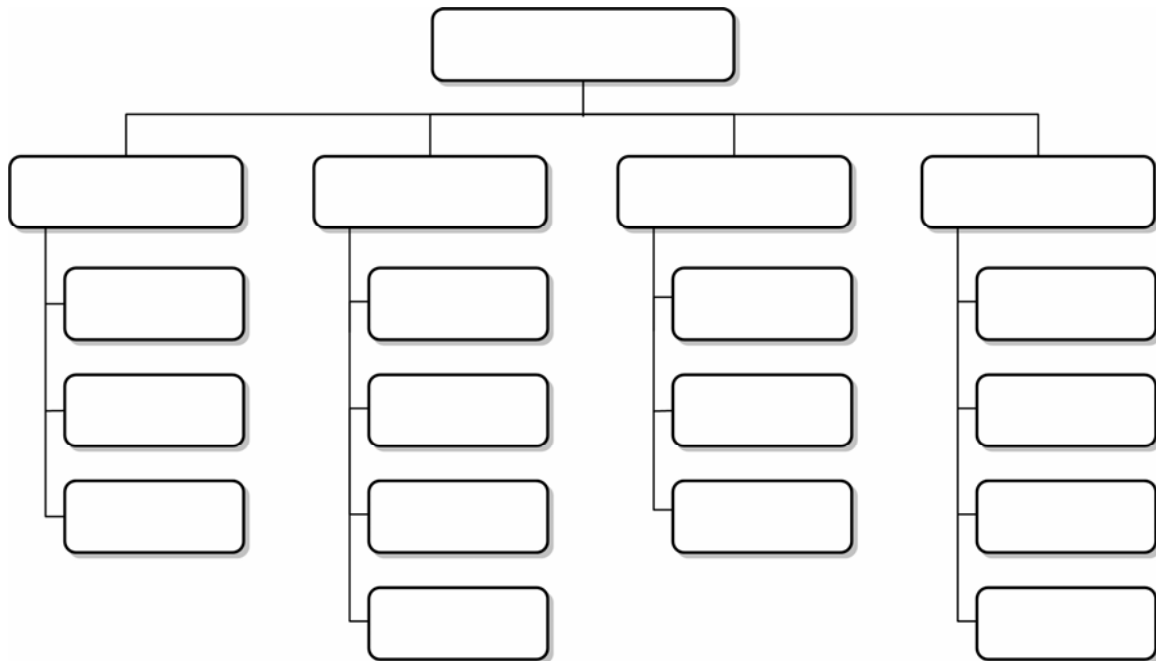
*Indispensable planning tools that help you build a thorough understanding of who does what, and when*

### ***Developing the Work Breakdown Structure (WBS)***

Creating the detailed control you need to ensure project success

#### **Elements of the WBS**

- Goal
- Phase
- Activity
- Task
- Milestone



## Estimating Task and Activity Durations

*Key formulas to simplify your estimates and allow for both the known and the unknown*

### Three Powerful Estimating Techniques

- Parametric
- Expert Judgment
- Weighted Average

$$T_E = \underline{\hspace{2cm}}$$

$$T_O = \underline{\hspace{2cm}}$$

$$T_M = \underline{\hspace{2cm}}$$

$$T_P = \underline{\hspace{2cm}}$$

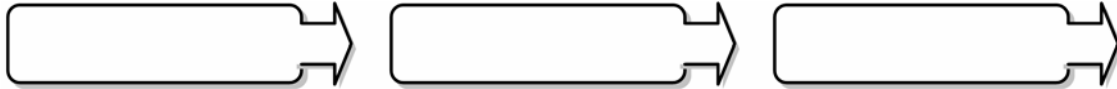
$$T_E = [ T_O + (4 \times T_M) + T_P ] / 6$$

**Skill builder:** Watch for patterns in your team's estimating. While some will consistently overestimate, others may consistently underestimate. The goal is to fall within a small deviation on either side of the estimated duration consistently.

## Modeling the Project's Workflow

*Building a realistic schedule to determine project duration, identify bottlenecks, and manage project progress like a pro*

### Task Dependencies



- Dependent task
- Predecessor task
- Successor task
- Lag
- Lead
- Finish to Start (FS)
- Start to Start (SS)
- Finish to Finish (FF) and Start to Finish (SF)

## Creating the Schedule

*Stay in control of even the largest project with this proven scheduling technique—know exactly what needs to happen, who needs to do it, and when it must be completed*

### **Task Chart**

| Task     | Dur. | Res. | Pred. | ES | EF | LS | LF |
|----------|------|------|-------|----|----|----|----|
| Go Ahead |      |      |       |    |    |    |    |
| Task A   |      |      |       |    |    |    |    |
| Task B   |      |      |       |    |    |    |    |
| Task C   |      |      |       |    |    |    |    |
| Task D   |      |      |       |    |    |    |    |
| Task E   |      |      |       |    |    |    |    |
| Finished |      |      |       |    |    |    |    |

Early Finish = \_\_\_\_\_ + \_\_\_\_\_

Late Start = \_\_\_\_\_ - \_\_\_\_\_

**Gantt Chart**

| Task     | Dur. | Pred. | W1 | W2 | W3 | W4 | W5 | W6 | W7 |
|----------|------|-------|----|----|----|----|----|----|----|
| Go Ahead |      |       |    |    |    |    |    |    |    |
| Task A   |      |       |    |    |    |    |    |    |    |
| Task B   |      |       |    |    |    |    |    |    |    |
| Task C   |      |       |    |    |    |    |    |    |    |
| Task D   |      |       |    |    |    |    |    |    |    |
| Task E   |      |       |    |    |    |    |    |    |    |
| Finished |      |       |    |    |    |    |    |    |    |

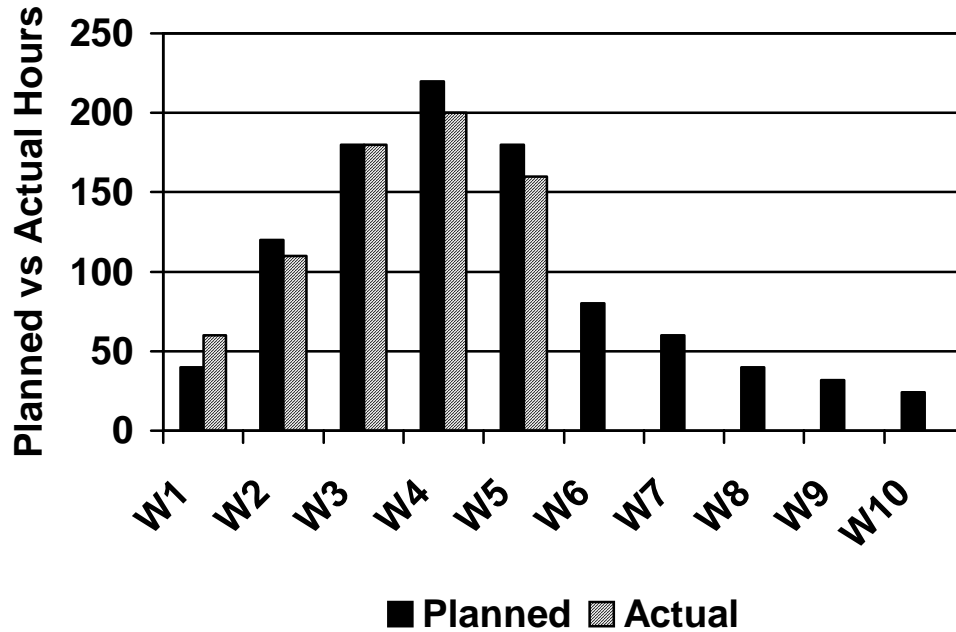
**Network Diagram**

## CPM Scheduling Exercise

Master the CPM scheduling methods to communicate essential information with persuasive power and professional finesse

| ID | Task Name           | Dur. | Pred.   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|----|---------------------|------|---------|---|---|---|---|---|---|---|---|---|----|----|----|
| 1  | Select Team         | 1 wk | -       |   |   |   |   |   |   |   |   |   |    |    |    |
| 2  | Assess Needs        | 2 wk | 1       |   |   |   |   |   |   |   |   |   |    |    |    |
| 3  | Create Requirements | 1wk  | 2       |   |   |   |   |   |   |   |   |   |    |    |    |
| 4  | Design System       | 1 wk | 3       |   |   |   |   |   |   |   |   |   |    |    |    |
| 5  | Develop Code        | 3 wk | 4       |   |   |   |   |   |   |   |   |   |    |    |    |
| 6  | Test and Debug      | 3 wk | 5SS+1wk |   |   |   |   |   |   |   |   |   |    |    |    |
| 7  | Train Users         | 1 wk | 5,6     |   |   |   |   |   |   |   |   |   |    |    |    |
| 8  | Deploy System       | 1 wk | 7       |   |   |   |   |   |   |   |   |   |    |    |    |
| 9  | Gain Acceptance     | 1 wk | 7,8     |   |   |   |   |   |   |   |   |   |    |    |    |
| 10 | System Delivered    | 0 hr | 9       |   |   |   |   |   |   |   |   |   |    |    |    |

## Resource Charts



## Who Does What Chart

How to determine the resources needed to complete your project

| Task / Resources            | W1    | W2    | W3    | W4     | W5     | W6     |
|-----------------------------|-------|-------|-------|--------|--------|--------|
| <b>Assess Needs</b>         |       |       |       |        |        |        |
| Bill Smith                  | 40 hr |       |       |        |        |        |
| Sue Scott                   | 40 hr |       |       |        |        |        |
| <b>Write Specifications</b> |       |       |       |        |        |        |
| Bill Smith                  |       | 40 hr | 40 hr |        |        |        |
| Engineer II                 |       | 20 hr | 20 hr |        |        |        |
| Programmer I                |       |       | 20 hr |        |        |        |
| Intern                      |       | 10 hr | 10 hr |        |        |        |
| <b>Create Prototype</b>     |       |       |       |        |        |        |
| Sue Scott                   |       |       |       | 40 hr  | 40 hr  | 40 hr  |
| Programmer II               |       |       |       | 160 hr | 160 hr | 160 hr |

## ***Estimating Project Costs***

*How to build a realistic budget based on scope, deliverables, resources, milestones, and expenditures*

| <b>Direct Costs</b> | <b>Indirect Costs</b> |
|---------------------|-----------------------|
|                     |                       |

- Add a cost column to the task chart to account for expenditures directly related to each task.
- Create a project cost checklist to prevent errors of omission when compiling the project's indirect costs.
- Enlist your organization's financial experts when creating project budgets to ensure that policies, procedures, and the best financial standards and practices are used.

# Execution and Control

## *Strategies for Building High-Performance Project Teams*

### **Selecting a World-Class Project Team Leader**

One of the most important decisions on every project is in selecting the right project manager. Make sure your project's leadership is up to the challenges. After answering the questions below, assemble with your colleagues a list of characteristics that describe world-class project team leaders.

**1. A good project team leader always...** \_\_\_\_\_

\_\_\_\_\_

**2. The role of the leader of a project team is to...** \_\_\_\_\_

\_\_\_\_\_

**3. A leader is one who...** \_\_\_\_\_

\_\_\_\_\_

**4. Some projects leaders are ineffective because they...** \_\_\_\_\_

\_\_\_\_\_

**Characteristics of a world-class project team leader include:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

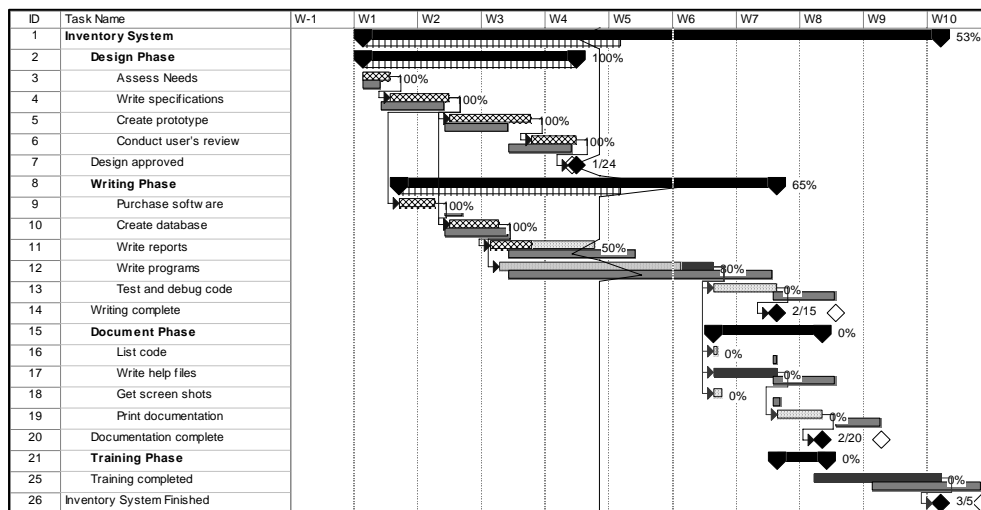
## Tracking and Controlling Your Project Like a Pro

Communicate the progress of your project to team members, management, and other stakeholders with these powerful techniques

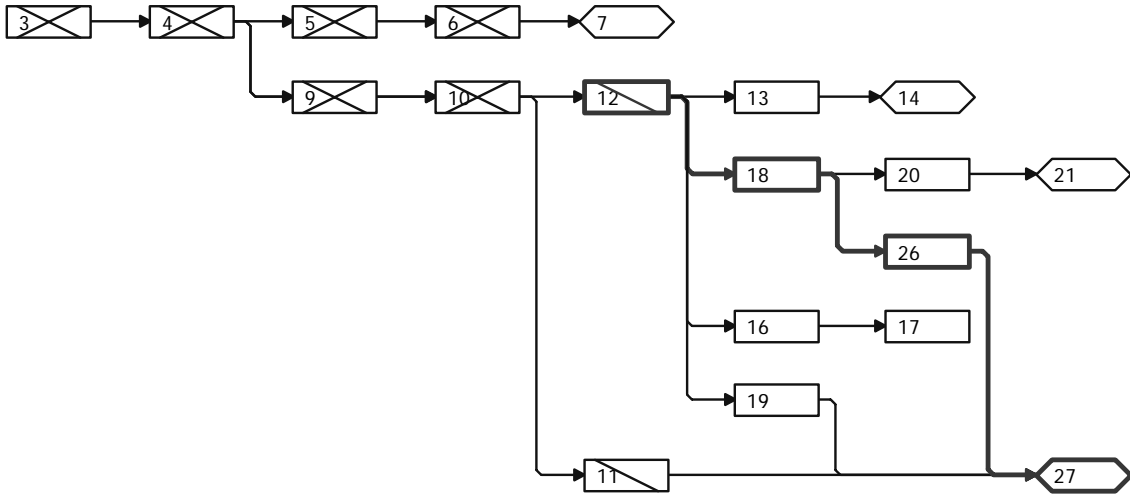
### Three Essential Questions

1. What \_\_\_\_\_ have you accomplished?
2. What \_\_\_\_\_ are in progress?
3. What \_\_\_\_\_ are you experiencing or anticipating?

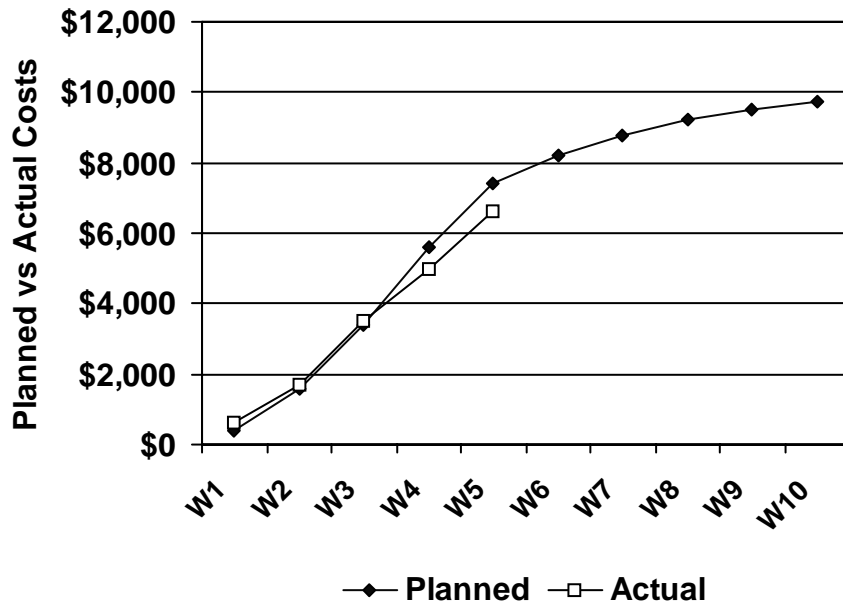
### Tracking Gantt



## Network Diagram



## Cost Curve



## Variance Chart

| Task | Duration |      |      |   | Costs |      |      |   |
|------|----------|------|------|---|-------|------|------|---|
|      | Est.     | Actu | Var. | % | Est.  | Actu | Var. | % |
|      |          |      |      |   |       |      |      |   |
|      |          |      |      |   |       |      |      |   |
|      |          |      |      |   |       |      |      |   |

## Scope Change Request Form

- Background of Request
- Approach or Methodology
- Estimated Impact on Schedule, Budget, and Scope
- Communication Routing List
- Attachments and
- Requested by / Date
- Sponsor Approval / Date
- Other Approval / Date
- Project Manager Approval / Date

## ***Common Problems That Threaten Success***

*Stay alert for these common problems to successfully plan for the unexpected and minimize crises and disasters*

1. Lack of user involvement or input
2. Incomplete requirements and specifications
3. Inability to freeze the design early enough
4. Unrealistic expectations and overoptimism
5. Lack of executive support
6. Unrealistic timeframes
7. Inadequate planning
8. Technology illiteracy
9. Lack of resources
10. Unclear objectives
11. Too large/too few project milestones
12. Inadequate communications

## Rules for Project Success

*The IT project manager's overview of key actions that will make every project a success*

1. Never begin a project without clear and well documented \_\_\_\_\_.
2. To improve team buy-in, commitment, and cooperation, \_\_\_\_\_ the people doing the work during planning.
3. Practice the rule of thirds: one third \_\_\_\_\_, one third \_\_\_\_\_, one third \_\_\_\_\_.
4. Know the project's \_\_\_\_\_ path.
5. Create schedules with many \_\_\_\_\_ and carefully manage their completion.
6. The project manager's most important job is to create and maintain effective \_\_\_\_\_.
7. Guard against \_\_\_\_\_, especially\_ in the early stages of the project.
8. Manage change carefully by assessing it's overall \_\_\_\_\_ to the project before committing.
9. Document exactly what is required to successfully \_\_\_\_\_ the project before you begin.
10. Double check the \_\_\_\_\_ — the basis for schedules, budgets, roles and responsibilities, and progress monitoring.
11. Remember that the project isn't a success unless the \_\_\_\_\_ are \_\_\_\_\_.
12. Build \_\_\_\_\_ into your project plans.



## Appendix

### *References and recommended reading materials.*

#### **Books**

*The Art of Project Management* by Scott Berkun, published O'Reilly, 2005

*The Complete Idiot's Guide to Project Management with Microsoft Project 2003* by Ron Black, Alpha Books, 2004.

*The Mythical Man-Month*, by Fred Brooks, published by Addison Wesley, 1995.

*The Wisdom of Teams* by Katzenbach and Smith, published HarperBusiness, 1993.

#### **Websites**

<http://www.gantthead.com> for various checklist, articles, and whitepapers on IT project management

[http://www.standishgroup.com/sample\\_research/](http://www.standishgroup.com/sample_research/) for The CHAOS Report, a frequently referenced report on IT projects

[http://www.thementorgroup.com/Free\\_Tools\\_and\\_Checklists.htm](http://www.thementorgroup.com/Free_Tools_and_Checklists.htm) for downloadable project management control documents

#### **CD-ROM**

*A Guide to the Project Management Body of Knowledge (PMBOK® Guide)*, Third Edition CD-ROM, published by Project management Institute, 2004.